

## 2016 State Meet Schedule

### Friday, March 18

Session 1 Level 4 (ages 6, 7-8) 83 Gymnasts

12:00	Doors Open
12:20-12:50	Open Stretch
12:50-1:50	Timed One Touch
2:00-4:00	Competition
4:00	Awards

Session 2 Level 4 (ages 9-10, 11+) 59 Gymnasts

4:30	Doors Open
5:00-5:20	Open Stretch
5:20-6:20	Timed One Touch
6:30	Competition
8:00	Awards

### Saturday, March 19

Session 3 Level 5 (ages 7-8, 11+) 78 Gymnasts

7:45	Doors Open
8:00-8:30	Open Stretch
8:30-9:30	Timed one touch
9:40	Competition
11:40	Awards

Session 4 Level 5 (ages 9-10) 67 Gymnasts

12:00	Doors Open
12:30-1:00	Open Stretch
1:00-2:00	Timed one touch
2:10	Competition
4:00	Awards

### 4:00-5:00 Coaches Meeting

Session 5 Level 9-10 (all ages) and Level 8 Technical Sequence 48 Gymnasts

5:00	Doors Open
5:00-5:30	Open Stretch
5:30-7:00	Timed Warm Up
7:00	March in and Competition
8:30	Awards

## Sunday, March 20

Session 6 Level 6 and 7 (all ages) 83 Gymnasts

8:00	Doors Open
8:30-9:00	Open Stretch
9:00-10:30	Timed Warm Up
10:30	March in and Competition
12:30	Awards

Session 7 Level 8 (all ages) and Level 9-10 Technical Sequence 57 Gymnasts

1:00	Doors Open
1:30-2:00	Open Stretch
2:00-3:00	Timed Warm Up
3:00-4:30	Competition
4:30	Awards